

PARTICIPANT RESOURCES

DECEMBER 2019

SUN MON TUE WED THU FRI SAT

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Indoor Climbing
4-6pm, FREE
Climbing Gym, SBB
Climbing the walls in your studio or office? Come practice your skills or learn new ones in the climbing gym. Equipment provided.
Sign up in PR

Taste and Tell
hosted by Lillian Rose
11:30am-1:30pm, FREE
KC101
In Ktunaxa tradition, we will join together to celebrate winter as a time of gathering, storytelling, and celebration.

Open Studios: Craft as Contemporary Art
4pm, FREE
Glyde Hall/JPL studios
Enjoy an afternoon of creativity, art and conversation. Explore studios and engage with artists around their work.

Wíchoîe Ahiya: Indigenous Singer-Songwriter Performance
7:30pm, FREE
The Club
Enjoy this intimate concert featuring participants from the Wíchoîe Ahiya Indigenous Singer-Songwriter Intensive.

Open Concert: Banff Musicians in Residence
7:30pm, FREE
Rolston Recital Hall
Come out for an evening of musical exploration with Katinka Kleijn and Banff Musicians in Residence participants.

8 9 10 11 12 13 14

Create Meaning at Work with Mindfulness
2-3pm, FREE
MB156
Join Trish Tutton for scientifically proven ways to increase your energy, happiness, resilience and productivity as well as help you manage the stress that comes your way.

Hot Spot Tour
1-3pm, FREE
Participant Resources
Join us for a short driving tour to stunning and popular viewpoints around town. We might even see wildlife!
Sign up in PR

Open Readings: Writers Retreat with Peter Behrens
7:30pm, FREE
Bentley Chamber Music Studio
Featuring readings from Late Fall Writers Retreat participants and Governor General award winning novelist Peter Behrens.

15 16 17 18 19 20 21

Inqueering Minds
7:30pm, FREE
MacLab Bistro
Join this informal gathering to connect with the queer community in Banff, explore issues, and find support. All LGBTQ2S+, questioning folx and allies welcome!

Drawn to Nature: Banff Park Museum
7pm, FREE
Banff Park Museum
Join esteemed Teaching Artist in Residence, Janice Tanton, in this beginner level drawing class exploring different drawing and mark-making techniques. Registration mandatory; see calendar of events.
www.banffcentre.ca

22 23 24 25 26 27 28



Participant Resources is closed for the holidays

29 30 31

from Dec. 23rd reopening Jan 5th



Sally Borden Building Main Floor | 403.762.6269 | Participant_Resources@banffcentre.ca
To access our counselling services email Counselling_Services@banffcentre.ca

Events are open to all Arts participants, including artists, practicum, and faculty. Banff Centre staff are welcome if space permits.
To sign up for events, or if you have any questions or concerns, contact Participant Resources.

OPEN
SUN 11 am – 7 pm
MON 9 am – 7 pm
TUES-FRI 9 am – 5 pm

Closed Saturdays
Hours subject to change